

Physical Education Curriculum Map

	Autumn	Spring	Summer
Year 7	Cross Country Football Netball Fitness Basketball Dodgeball Not all students will study all sports options as group activities may differ.	Volleyball Rugby Trampolining Badminton Table Tennis Boxing Not all students will study all sports options as group activities may differ.	Athletics Softball Cricket Tennis Rounders Not all students will study all sports options as group activities may differ.
Year 8	Cross Country Football Netball Fitness Basketball Dodgeball Not all students will study all sports options as group activities may differ.	Volleyball Rugby Trampolining Badminton Table Tennis Boxing Not all students will study all sports options as group activities may differ.	Athletics Softball Cricket Tennis Rounders Not all students will study all sports options as group activities may differ.
Year 9	Cross Country Football Netball Fitness Basketball Dodgeball Not all students will study all sports options as group activities may differ.	Volleyball Rugby Trampolining Badminton Table Tennis Boxing Not all students will study all sports options as group activities may differ.	Athletics Softball Cricket Tennis Rounders Not all students will study all sports options as group activities may differ.

Year 10	<p>Core PE – Options as above</p> <p>BTEC PE</p> <p>Unit 1 – Fitness for Sports and Exercise</p>	<p>Core PE – Options as above</p> <p>BTEC PE</p> <p>Unit 1 Completion Unit 5 – Training for Personal Fitness</p>	<p>Core PE – Options as above</p> <p>BTEC PE</p> <p>Unit 5 – Training for Personal Fitness</p>
Year 11	<p>Core PE – Options as above</p> <p>BTEC PE</p> <p>Unit 2 – Practical Sports Performance</p>	<p>Core PE – Options as above</p> <p>BTEC PE</p> <p>Unit 2 Completion Unit 6 – Leading Sports Activities</p>	<p>Core PE – Options as above</p> <p>BTEC PE</p> <p>Unit 6 – Leading Sports Activities</p>
Year 12	<p>None pursued currently</p> <p>OCR Level 3 subject to option choices starting September 17</p>		

Useful Links

www.edexcel.com

www.ocr.org.uk

KS4 Specification Information

EDEXCEL BTEC Level 1 / Level 2 First award in Sport

96 Credits available;

Level 1 Pass – 24

Level 2 Pass – 48

Level 2 Merit – 66

Level 2 Distinction – 84

Level 2 Distinction* - 90

4 Coursework units count for 25% of the qualification. Each has 30 Guided Learning hours that should be supplemented with further learning and coursework completion at home and in extension sessions.

For passes to be accredited at Level 2 Pass or better, 2 Core units (1 and 2) MUST carry a weighting of 24 credits or better.

KS5 Specification Information

OCR Cambridge Technicals Sport and Physical Activity Level 3 – Extended Certificate

5 Units spread across 360 Guided Learning hours with 3 Core units that must be studied.

All units MUST be passed to achieve a pass grade.

Units are graded at Pass / Merit / Distinction

Credits are awarded dependent on the Guided Learning Hours for each unit

Qualification is graded Pass / Merit / Distinction / Distinction* given the number of credits acquired.

104+ - Distinction*

100 – 103 – Distinction

92 – 99 – Merit

84 – 91 – Pass

Below 84 – Unclassified

Where will this Subject take me?

Physical Education lends itself to a range of careers in sports and fitness as well as other industries that value skills and knowledge that are acquired through a love and passion for the subject. These industries can include Nutritionists, Physical Therapists and Chiropractors where a degree in Physical Education or Sport is an acceptable pathway.

Major career options include;

Sports Scientists, PE Teacher, Physiotherapist, Professional Sportsman, Sports Coaching or Consultancy, Diet and Fitness Instructor, Personal Trainer.