

## PSHE Curriculum Map

	<b>Autumn</b>	<b>Spring</b>	<b>Summer</b>
<b>Year 7</b>	<p><b>Transition and Personal identity</b></p> <ul style="list-style-type: none"> <li>• Skills and qualities</li> <li>• Target setting</li> </ul> <p><b>Healthy Routines</b></p> <ul style="list-style-type: none"> <li>• Healthy eating</li> <li>• Healthy lifestyles (including positive mental health)</li> </ul> <p><b>Assessing risk and keeping safe</b></p> <ul style="list-style-type: none"> <li>• E-safety</li> </ul> <p><b>Anti-bullying week</b></p>	<p><b>Drugs education</b></p> <ul style="list-style-type: none"> <li>• Types of drugs</li> <li>• Risks of drugs and how to stay safe</li> </ul> <p><b>RSE</b></p> <ul style="list-style-type: none"> <li>• Family</li> <li>• Positive relationships and wellbeing</li> <li>• Puberty</li> </ul> <p><b>Meeting and working with others</b></p> <ul style="list-style-type: none"> <li>• Emergency services and first aid</li> </ul>	<p><b>Finance and Careers</b></p> <ul style="list-style-type: none"> <li>• Money management and budgeting</li> <li>• Saving and spending</li> <li>• Earning money in the future (linked to careers and LMI)</li> </ul> <p><b>Rights and responsibilities</b></p> <ul style="list-style-type: none"> <li>• Rights and diversity</li> <li>• Individuality and community</li> <li>• Positive relationships</li> </ul>
<b>Year 8</b>	<p><b>Living in the world</b></p> <ul style="list-style-type: none"> <li>• Values and diversity</li> <li>• Family</li> <li>• Community</li> <li>• Challenging prejudice and discrimination</li> </ul> <p><b>Emotional health and wellbeing (including healthy lifestyles)</b></p> <ul style="list-style-type: none"> <li>• Mental health</li> <li>• Self-esteem</li> </ul> <p><b>Drugs education</b></p> <ul style="list-style-type: none"> <li>• Effects</li> <li>• Smoking</li> <li>• Alcohol</li> </ul> <p><b>Anti-bullying week</b></p>	<p><b>RSE</b></p> <ul style="list-style-type: none"> <li>• Equality</li> <li>• Gender influences, differences, and challenging stereotypes</li> <li>• Commitment</li> <li>• HIV/AIDS</li> </ul> <p><b>Keeping safe</b></p> <ul style="list-style-type: none"> <li>• E-safety</li> <li>• First Aid</li> </ul>	<p><b>Careers</b></p> <ul style="list-style-type: none"> <li>• Career aspirations and possible pathways (LMI)</li> <li>• Employability skills</li> </ul> <p><b>Financial education</b></p> <ul style="list-style-type: none"> <li>• Influences on our spending</li> <li>• Saving you money</li> <li>• Budgeting</li> </ul>

<p style="writing-mode: vertical-rl; transform: rotate(180deg);"><b>Year 9</b></p>	<p><b>Drugs education</b></p> <ul style="list-style-type: none"> <li>• Risks</li> <li>• Drugs and the law</li> <li>• Attitudes and issues</li> </ul> <p><b>Careers Education</b></p> <ul style="list-style-type: none"> <li>• Career prospects and employment families</li> <li>• Post-14 options</li> <li>• Challenging gender stereotypes in the work place</li> </ul> <p><b>Anti-bullying week</b></p>	<p><b>RSE</b></p> <ul style="list-style-type: none"> <li>• Positive relationships</li> <li>• STI's and Contraception</li> <li>• Equality and Challenging prejudice</li> </ul> <p><b>Financial Education</b></p> <ul style="list-style-type: none"> <li>• Career choices and financial future</li> <li>• Financial habits</li> <li>• Budgeting</li> <li>• Positive choices</li> </ul>	<p><b>Healthy lifestyles</b></p> <ul style="list-style-type: none"> <li>• Healthy eating</li> <li>• Physical activities</li> <li>• Sleep</li> </ul> <p><b>Enterprise</b></p>
<p style="writing-mode: vertical-rl; transform: rotate(180deg);"><b>Year 10 &amp; 11</b></p>	<p><b>Careers and further education</b></p> <ul style="list-style-type: none"> <li>• Raising the Participation Age and Pathways</li> <li>• LMI (labour market information)</li> <li>• Employability skills</li> <li>• Post 16- options and bursaries</li> </ul> <p><b>Financial education</b></p> <ul style="list-style-type: none"> <li>• Financial decisions including saving, budgeting, gambling, etc</li> </ul> <p><b>Anti - bullying week</b></p>	<p><b>RSE</b></p> <ul style="list-style-type: none"> <li>• Positive relationships</li> <li>• CSE</li> <li>• Marriage</li> <li>• Family</li> <li>• Dealing with loss - Divorce, Bereavement</li> </ul> <p><b>Challenging prejudice and discrimination</b></p> <ul style="list-style-type: none"> <li>• Challenging racism</li> <li>• Challenging homophobia</li> <li>• Challenging discrimination</li> </ul>	<p><b>Healthy lifestyles and keeping safe</b></p> <p><b>Drugs education</b></p> <ul style="list-style-type: none"> <li>• Law</li> <li>• Support</li> </ul> <p><b>Year 10 only: preparation for work experience</b></p>

### **Useful Links**

<https://nationalcareersservice.direct.gov.uk/>

<https://www.gov.uk/guidance/16-to-19-bursary-fund-guide-2017-to-2018-academic-year>

<http://www.rochdaleapprenticeships.org/>

[https://www.nspcc.org.uk/preventing-abuse/keeping-children-safe/online-safety/?utm\\_source=google&utm\\_medium=cpc&utm\\_campaign=GEN - Safety - \[Exact\]&utm\\_term=e-safety&gclid=EA1aIQobChMI4z6mO1gIVipPtCh1niQPyEAAYASAAEgJPbPD\\_BwE&gclidsrc=awds](https://www.nspcc.org.uk/preventing-abuse/keeping-children-safe/online-safety/?utm_source=google&utm_medium=cpc&utm_campaign=GEN-Safety-Exact]&utm_term=e-safety&gclid=EA1aIQobChMI4z6mO1gIVipPtCh1niQPyEAAYASAAEgJPbPD_BwE&gclidsrc=awds)

<https://www.nhs.uk/change4life-beta>

### **Where will this Subject take me?**

This subject is in essence 'life skills'. This means that the skills you develop throughout your time at the academy will help you throughout your life; it will aid you when applying for jobs, making and maintaining positive relationships or making positive financial decisions to name but a few.