

## PSHE Curriculum Map

	<b>Autumn</b>	<b>Spring</b>	<b>Summer</b>
<b>Year 7</b>	<p><b>Transition and Personal identity.</b></p> <ul style="list-style-type: none"> <li>• Skills and qualities.</li> <li>• Target setting.</li> </ul> <p><b>Healthy Routines</b></p> <ul style="list-style-type: none"> <li>• Healthy eating.</li> <li>• Healthy lifestyles (including positive mental health).</li> </ul> <p><b>Assessing risk and keeping safe</b></p> <ul style="list-style-type: none"> <li>• E-safety.</li> </ul> <p><b>Anti-bullying week</b></p>	<p><b>Drugs education. (British Values)</b></p> <ul style="list-style-type: none"> <li>• Types of drugs.</li> <li>• Risks of drugs and how to stay safe.</li> </ul> <p><b>RSE (British Values)</b></p> <ul style="list-style-type: none"> <li>• Family.</li> <li>• Positive relationships and wellbeing.</li> <li>• Puberty.</li> </ul> <p><b>Meeting and working with others</b></p> <ul style="list-style-type: none"> <li>• Emergency services and first aid</li> </ul>	<p><b>Finance and Careers (British Values)</b></p> <ul style="list-style-type: none"> <li>• Money management and budgeting.</li> <li>• Saving and spending.</li> <li>• Earning money in the future. (linked to careers and LMI)</li> </ul> <p><b>Rights and responsibilities (British Values)</b></p> <ul style="list-style-type: none"> <li>• Rights and diversity.</li> <li>• Individuality and community.</li> <li>• Positive relationships.</li> </ul>
<b>Year 8</b>	<p><b>Living in the world (British Values)</b></p> <ul style="list-style-type: none"> <li>• Values and diversity.</li> <li>• Family.</li> <li>• Community.</li> <li>• Challenging prejudice and discrimination.</li> </ul> <p><b>Emotional health and wellbeing (including healthy lifestyles).</b></p> <ul style="list-style-type: none"> <li>• Mental health.</li> <li>• Self-esteem.</li> </ul> <p><b>Drugs education (British Values)</b></p> <ul style="list-style-type: none"> <li>• Effects.</li> <li>• Smoking.</li> <li>• Alcohol.</li> </ul> <p><b>Anti-bullying week.</b></p>	<p><b>RSE (British Values)</b></p> <ul style="list-style-type: none"> <li>• Equality.</li> <li>• Gender influences, differences, and challenging stereotypes.</li> <li>• Commitment.</li> <li>• HIV/AIDS.</li> </ul> <p><b>Keeping safe</b></p> <ul style="list-style-type: none"> <li>• E-safety.</li> <li>• First Aid.</li> </ul>	<p><b>Careers (British Values)</b></p> <ul style="list-style-type: none"> <li>• Career aspirations and possible pathways (LMI).</li> <li>• Employability skills.</li> </ul> <p><b>Financial education (British Values)</b></p> <ul style="list-style-type: none"> <li>• Influences on our spending.</li> <li>• Saving you money.</li> <li>• Budgeting.</li> </ul>

<b>Year 9</b>	<p><b>Drugs education (British Values)</b></p> <ul style="list-style-type: none"> <li>• Risks.</li> <li>• Drugs and the law.</li> <li>• Attitudes and issues.</li> </ul> <p><b>Careers Education (British Values)</b></p> <ul style="list-style-type: none"> <li>• Career prospects and employment families.</li> <li>• Post-14 options.</li> <li>• Challenging gender stereotypes in the work place.</li> </ul> <p><b>Anti-bullying week</b></p>	<p><b>RSE(British Values)</b></p> <ul style="list-style-type: none"> <li>• Positive relationships.</li> <li>• STI's and Contraception.</li> <li>• Equality and Challenging prejudice.</li> </ul> <p><b>Financial Education (British Values)</b></p> <ul style="list-style-type: none"> <li>• Career choices and financial future.</li> <li>• Financial habits.</li> <li>• Budgeting.</li> <li>• Positive choices.</li> </ul>	<p><b>Healthy lifestyles</b></p> <ul style="list-style-type: none"> <li>• Healthy eating.</li> <li>• Physical activities.</li> <li>• Sleep.</li> </ul> <p><b>Enterprise</b></p>
<b>Year 10 &amp; 11</b>	<p><b>Careers and further education (British Values)</b></p> <ul style="list-style-type: none"> <li>• Raising the Participation Age and Pathways.</li> <li>• LMI (labour market information)</li> <li>• Employability skills</li> <li>• Post 16- options and bursaries.</li> </ul> <p><b>Financial education (British Values)</b></p> <ul style="list-style-type: none"> <li>• Financial decisions including saving, budgeting, gambling, etc.</li> </ul> <p><b>Anti - bullying week</b></p>	<p><b>RSE (British Values)</b></p> <ul style="list-style-type: none"> <li>• Positive relationships.</li> <li>• CSE.</li> <li>• Marriage.</li> <li>• Family.</li> <li>• Dealing with loss - Divorce, Bereavement.</li> </ul> <p><b>Challenging prejudice and discrimination (British Values)</b></p> <ul style="list-style-type: none"> <li>• Challenging racism.</li> <li>• Challenging homophobia.</li> <li>• Challenging discrimination.</li> </ul>	<p><b>Healthy lifestyles and keeping safe</b></p> <p><b>Drugs education (British Values)</b></p> <ul style="list-style-type: none"> <li>• Law.</li> <li>• Support.</li> </ul> <p><b>Year 10 only: preparation for work experience</b></p>

## Useful Links

<https://nationalcareersservice.direct.gov.uk/>

<https://www.gov.uk/guidance/16-to-19-bursary-fund-guide-2017-to-2018-academic-year>

<http://www.rochdaleapprenticeships.org/>

[https://www.nspcc.org.uk/preventing-abuse/keeping-children-safe/online-safety/?utm\\_source=google&utm\\_medium=cpc&utm\\_campaign=GEN - Safety - \[Exact\]&utm\\_term=e-safety&gclid=EAlaIQobChMIl\\_4z6mO1gIVipPtCh1niQPyeAAAYASAAEgJPbPD\\_BwE&gclidsrc=aw.ds](https://www.nspcc.org.uk/preventing-abuse/keeping-children-safe/online-safety/?utm_source=google&utm_medium=cpc&utm_campaign=GEN - Safety - [Exact]&utm_term=e-safety&gclid=EAlaIQobChMIl_4z6mO1gIVipPtCh1niQPyeAAAYASAAEgJPbPD_BwE&gclidsrc=aw.ds)

<https://www.nhs.uk/change4life-beta>

## Where will this Subject take me?

This subject is in essence 'life skills'. This means that the skills you develop throughout your time at the academy will help you throughout your life; it will aid you when applying for jobs, making and maintaining positive relationships or making positive financial decisions to name but a few.

NB: Areas that include British Values (Democracy, Rule of law, Individual liberty and Mutual respect for and tolerance of those with different faiths and beliefs and for those without faith) have been identified above.